

## **POST-OPERATIVE INSTRUCTIONS**

You have just had a filling(s) placed in your mouth.

It is advisable to make sure your local anesthesia has worn off before you begin eating.

It is not uncommon for fillings to be initially sensitive to cold and, or chewing. The tooth is undergoing a healing process whereby it will eventually become normal again either in a few days or weeks. So long as the sensitivity gradually subsides, your tooth is healing properly. If any hot sensitivity or throbbing pain occurs or if the tooth seems to be getting worse, here is what could be happening:

1. The bite on the restoration can be “high”.
2. The nerve could be undergoing an irreversible inflammation whereby the tooth could not recover from the trauma/decay.

A follow up visit should be set up by the patient so that we can re-evaluate the restoration and proceed with the proper treatment.

There is no way to predict whether or not a tooth will be sensitive after a filling has been done.

.